

## **HEALTH AND WELLBEING PARTNERSHIP GROUP EAST HERTS TOGETHER**

### **Notes of meeting held on Wednesday 29th April 2015 10am – 12.00pm**

BEHCVS, Nigel Copping Community Building  
Sanville Gardens, Stanstead Abbots. SG12 8GA

#### **Attendance:**

Simon Barfoot, Environmental Health Promotion Officer, EHC  
Marianne McWhinnie – Engagement and Community Partnerships Officer.  
Zoe Hopkinson – Homestart EastHerts  
Steve Probyn – Herts Mind Network  
Emma Metcalfe – Guideposts Trust  
Michal Siewniak – Broxbourne and East Herts CVS  
Lucy Eldon – Practice Based Commissioning Group Central  
Jan Stock – Wodson Park Manager and Active East Herts  
Lindsey Day – Sustainable Travel Team, HCC  
Joe Liggett – Leisure Development Manager  
Jacqui Brown – Circle Housing South Anglia

#### **1. Welcome and Introductions**

- SB Welcomed everyone to the meeting and introductions were made.

#### **2. Apologies**

- Debra Field, Christine Gillham, Sandra Conte

#### **3. Minutes of last meeting**

- Minutes of the January 2015 were accepted with no amendments.

#### **4. Work of Guideposts Trust**

Emma Metcalfe

- Emma Metcalfe gave a helpful and informative presentation on the work of Guideposts Trust outlining the provision of services including Children with special needs and Adults with Learning Disabilities. Emma gave an overview of the types of projects that Guideposts is involved in locally and then went on to explain in further detail how different groups benefit from the range of services offered.
- A number of questions were raised which resulted in input and further connections being made between members of the group seeking to assist those with Learning Disabilities.
- Please find a scanned pdf version of the presentation attached with the minutes.

#### **5. CRI feedback and PHPF re-allocation**

SB and All

- Following on from the last group meeting, Herts Mind Network had kindly agreed to steward £2500 of remaining funds unspent from the PHPF 2013/14.
- In connection with this allocation it was suggested that one of the areas which the Group had not directed their funding was Young People. SB had asked Emma to consider prior to the meeting and her presentation how a pot of funding might be used to benefit Young People at Guideposts Trust.

- Emma suggested some options for the group to consider and with input from the group a general consensus was reached about supporting a project commitment of £2500. The project identified would focus on enabling young people and their carers to keep active including the essential ingredients of making it fun such as dance with an instructor who understood the needs of young people with learning difficulties. **Action: Emma Metcalfe agreed to write a proposal which would be circulated via email to group members for feedback.**

#### **6. District Offer Progress**

- SB updated the group on the progress of the District Offer Year One supported projects, explaining the timescale for the Year one phase and the planning process for the year two projects which would take place between April 2015 and November 2015 with proposed start of projects December 15/January 2016.
- With the match funding of £200, 000 by East Herts Council there was also opportunity for larger scale projects and continued support of year one/two projects if judged successful in their delivery of health outcomes.

#### **7. Group Update on Health and Wellbeing Matters**

- In addition to the matters already discussed, a number of smaller updates were given by group members. SB also agreed to further explore the opportunity for small organisational updates to be included in the EHC community newsletter which is produced by Communications.

#### **8. Agenda items for next meeting**

- Mind in MidHerts to give presentation
- Update on Fellas Fitness
- District Offer Progress
- Update on Guideposts Trust proposal

#### **9. AOB**

Information points were raised and fed back to the group

- SB thanked all those who had attended and closed the meeting.

**Date of 2015 meetings:** All 15/07/15 and 14/10/15.

**PLEASE ADD TO YOUR OUTLOOK CALENDARS/DIARIES.**